

## **Additional Topics:**

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"A Daydream I Enjoy"

"A Dream I Had That Came True"

"I Was Somebody Else in My Dream"

"A Dream That Confuses Me"

"I Did Something in My Dream That I  
Couldn't Do Otherwise"

to give students an opportunity to  
understand that—

—dreams have value as a reservoir for  
inspiration and creativity and can be  
programmed to produce desired  
outcomes by the dreamer

—dreams can provide important  
information about the dreamer, such  
as conflicts and unknown wishes that  
are not revealed in other ways, thus  
enhancing self-knowledge and  
understanding

### **Circle sessions:**

"The Craziest Dream I Ever Had"

"A Dream I Wish Was Real"

"An Idea I Got from a Dream"

"A Dream I've Had More Than  
Once"